

### *BULLYING PREVENTION*

This workshop teaches elementary students how to prevent becoming a victim of bullying. We discuss facts and myths about bullying, preventive measures of being victimized, and the help available for victims of bullying.

### *CONFLICT RESOLUTION*

This workshop is aimed toward tough love youth and their families. We discuss dealing with problems constructively both in and outside the home, communicating better with others, and learning to patiently think through conflict together.

### *DATING VIOLENCE PREVENTION*

This workshop brings awareness for teenagers who are or may soon be involved in serious relationships. We discuss facts and myths about dating violence, forms of abuse, the three different types of love violent cycles of an abusive relationship, and the help available for victims of dating violence.

### *RACIAL-ETHNIC CRIMES (HATE CRIMES)*

This workshop focuses on diversity...how we can get along (show respect) despite our differences. It is perfect for school and other groups that have experienced race based conflict or fighting.

### *SUICIDE PREVENTION*

This workshop teaches suicide prevention via informative measures and self-reflection. It features a performance by the Young University Mediators (YUMs), signs of suicide, how to assist someone who may be considering suicide and resources in the community.

## What is Inafa' Maolek?

Inafa' Maolek is a non-profit organization on Guam dedicated to teaching and promoting conflict resolution. It was founded in 1982 by Attorney Patrick M. Wolff in an effort to foster communication so that legal intervention could be avoided. After receiving training in conflict management, the small group of volunteers began mediating private and court-ordered cases.

Since then Inafa' Maolek has branched out into several areas. Aside from court and private mediations, Inafa' Maolek now conducts workshops, teaches peer mediation, offers college courses, holds conferences, and numerous other activities that advance its mission of peace.

### *Award Winning Organization*

In 2000, Inafa' Maolek won the Guam Association of Social Workers' Community Service Award. Additionally, Inafa' Maolek received the 2002 Humanities Community Organization of the Year from Guam Humanities Council. The membership has also grown and derives strength from its diversity, encompassing all ages, races and walks of life.

### **Office Hours:**

Monday –Friday

9:00AM—1:00PM and 2:00PM—4:30PM

**Phone:** (671) 475-1977 **Fax:** (671) 475-1974

### **Physical Address:**

297 West O'Brien Drive Hagatna, Guam

### **Mailing Address:**

PO Box 3267 Hagatna, GU 96932

Email: [inafamaolek@teleguam.net](mailto:inafamaolek@teleguam.net)

Website: [www.inafamaolek.org](http://www.inafamaolek.org)

## PEER MEDIATION

### Conflict Resolution in the Schools



## INAF A' MAOLEK CONCILIATION

**Phone: (671) 475-1977**



## Peer Mediation Programs

*With truancy, campus violence and tension on the rise, traditional discipline policies are being reevaluated. Suspension and expulsion are short-term solutions that often further aggravate the problem. In contrast, peer mediation, the win-win method, is a constructive alternative that reaps long term benefits.*

Peer mediation is students helping other students to solve a problem. Trained student mediators help fellow students resolve minor conflicts by guiding them through effective communication. The results are usually positive, long-lasting, and relieve the bitter feelings that accompany conflict, unlike many of the traditional disciplinary methods used in schools.

Inafa' Maolek began conducting peer mediation trainings in 1994. This training lasts ten hours, typically spread over a two to three day period. Elementary and secondary models are available for grades 3 and up. A maximum of 24 students per training is allowed.

This training teaches students how to constructively deal with conflict through a variety of lectures, activities, and role plays. We hope that through our efforts, students learn:

- The responsibilities of a peer mediator;
- The underlying causes of conflict;
- Guidelines for constructive conflict resolution;
- The elements of a fair resolution;
- Effective communication skills

### What people are saying?

"The Pakyo skit—students loved it!!"

"I always expect interactive and dynamic presentations from Inafa' Maolek. Yes, I was satisfied."

"The presentation was interesting, original, and effective in getting the message across."



Peer mediation and conflict resolution education is made possible through a grant from the Safe and Drug Free Schools and Communities Act.

*To schedule peer mediation training for your school, contact Inafa' Maolek:*

Phone: (671) 475-1977

Fax: (671) 475-1974

Email: [inafamaolek@teleguam.net](mailto:inafamaolek@teleguam.net)

## Why train students in conflict resolution?

### Possible student benefits include:

- Learning new skills in communication;
- Actively contributing to the improvement of the school environment;
- Building a stronger sense of peer cooperation and community at school;
- Peacefully and constructively expressing and resolving their own conflicts;
- Feeling a sense of accomplishment;
- Learning to express anger in constructive ways; and
- Taking more responsibility for their actions and how they affect others.

### Possible school benefits include:

- Having minor student problems settled before they get serious;
- Improving school climate;
- Lessening the amount of time used by faculty to discipline students for minor conflicts; and
- A reduction of campus tension.